

INSTITUTE FOR HEALTH & LIFESPAN RESEARCH

IHLR

Advancing health and longevity at every stage of life

IHLR connects discovery to delivery to improve how people live, age, and thrive.

The Institute unites researchers, clinicians, educators, and community partners to address health challenges that matter to families in the Paso del Norte region and beyond.

MISSION

Advance health and well-being across the lifespan through research, education, outreach, and service.

VISION

Healthier aging and longer, more vibrant lives for all.

UTEP RESEARCH & INNOVATION

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ADVANCING HEALTH



Translational Discovery

Moving research from the laboratory to the clinic and community.



Next-Generation Training

Preparing interdisciplinary scientists, health professionals, and service providers.



Strategic Partnerships

Building collaborations that expand capacity and improving population health.



Community-Based Services

Supporting healthy aging through tailored services and interventions.

Research Focus Areas

Precision Health

Improving individual and population health through personalized, holistic prevention and care that integrates biological, behavioral, and environmental factors.

One Health

Enhancing resilience and long-term well-being by recognizing the interconnectedness of human, animal, and environmental health.

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